

Use these conversation starters to recognize your kid's fears.

Overcome Fears

What's something you want to do, but you're afraid to try?

Tell me about the last time you felt worried or scared.

Do these three steps as a family to help your kid R.O.B. fear's power.

R

Remember God's Truth

Think of a Bible verse or truth about God that fights the fear you're feeling.

O

Open Your Mouth

Say the verse or truth you remember out loud as a prayer to God.

B

Battle It Out

Do the good thing fear's trying to keep you from doing. If you need help, ask.

***But here is how God has shown his love for us.
While we were still sinners, Christ died for us.***

Romans 5:8 NIRV

Post a picture of your family overcoming fear.

#lcparents

